



Hunger Action Month: Social Media Sample Posts

Spread awareness with these sample social media posts and graphics. You can also grab a paper plate to customize your Hunger Action Month message. On one side write: *"On an empty stomach, I can't ___."* And on the other: *"But I can ___ to end hunger."*

Facebook Sample Posts:

For 1 million New Jerseyans who face hunger, an empty stomach makes it difficult to reach their full potential. How will you help our neighbors in need this #HungerActionMonth? Learn more at cfbnj.org. @communityfoodbankofnj

Food gives people the energy they need to take on the day. You can help the 1 million people in New Jersey who struggle with hunger by supporting @communityfoodbankofnj. Visit cfbnj.org to take action this #HungerActionMonth.

Without food, you'd run out of energy. You can help the 300,000 New Jersey kids who face hunger every day. Join me in supporting @communityfoodbankofnj's hunger-relief efforts. #HungerActionMonth cfbnj.org

I'm taking action against hunger with @communityfoodbankofnj. How will you help people in your community this #HungerActionMonth? cfbnj.org

On an empty stomach, I can't focus. But I can help end hunger! Join me at cfbnj.org. @communityfoodbankofnj #HungerActionMonth

Twitter Sample Posts:

It takes a full stomach to keep going. You can help our neighbors facing hunger at cfbnj.org. #HungerActionMonth @CFBNJ

Food gives you energy to take on the day. Help the 300K #NJ kids facing hunger. #HungerActionMonth @CFBNJ cfbnj.org

How do you feel on an empty stomach? Take action to help #EndHunger at cfbnj.org. #HungerActionMonth @CFBNJ

I'm taking action against hunger with @CFBNJ. How will you help people in your community this #HungerActionMonth? cfbnj.org



On an empty stomach, I can't focus. But I can help #EndHunger! Join me at cfbnj.org. #HungerActionMonth @CFBNJ

Instagram Sample Posts:

For 1 million New Jerseyans who face hunger, an empty stomach makes it difficult to reach their full potential. How will you help our neighbors in need this #HungerActionMonth? Learn more at cfbnj.org. @cfbnj

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